



**The Arbor Learning Community
COVID-19 Plan
For Use from August 2022 - May 2023**

COVID-19

Coronavirus disease 2019 (COVID-19) is an infectious respiratory illness.

SARS-CoV-2, the virus that causes COVID-19, is spread mainly from person-to-person contact between people who are in close contact with one another primarily through aerosols (airborne transmission), and less frequently by droplets, when an infected person coughs, sneezes, exhales, or talks; although less common, it may also be spread when a person touches a contaminated object and then touches their eyes, nose, or mouth. It may be spread by people who are not showing symptoms. Since particles containing the virus can travel more than six feet, especially indoors, physical distancing, face coverings, increased ventilation indoors, and respiratory protection can all decrease the spread of COVID-19, but are most effective when used in combination.

Key Prevention Practices

The Arbor will follow these key prevention practices: use of face coverings, regular cleaning and disinfection, frequent hand washing, and improved ventilation.

Please note that this guidance may be subject to change based upon updates in local and state guidance, in addition to requirements from the charters for whom we are a vendor.

Face Coverings

Face masks are strongly recommended indoors for Arbor students, staff, volunteers, and visitors older than 2 years of age.

In accordance with the Isolation & Quarantine Guidance below, individuals may be required to wear masks on campus in instances of exposure to a person diagnosed with COVID-19.

Cleaning and Disinfecting

Classrooms and high use surfaces, including lunch tables will be cleaned routinely with EPA COVID-19 approved disinfectants.

Frequent Handwashing and/or Sanitizing

Arbor students, staff, and volunteers should wash hands with soap and warm water often, for a minimum of 20 seconds; should avoid contact with eyes, nose, and mouth; and should cover coughs and sneezes. Students will be encouraged to wash hands after using the bathroom and before and after break and lunch, and additional sinks will be available. Hand sanitizer (at least 60% ethanol or 70% isopropanol) will be available in each classroom and in stations around the campus. When hands are visibly dirty, soap and water is recommended over hand sanitizer.

Ventilation

Ventilation will be optimized per CDPH guidance, including the opening of windows in indoor classrooms as much as possible and the use of in-room (portable) air cleaners in all indoor classrooms.

COVID-19 Symptom Screening, Protocols for Isolation, Quarantine, and Returning to Class

Students, staff, volunteers, and visitors may not come to The Arbor if any of the following apply:

- The student, staff member, volunteer, or visitor is feeling ill
- The student, staff member, volunteer, or visitor has symptoms consistent with COVID-19 (See below.)

Self-Screening for Symptoms of COVID-19

Before leaving home in the morning, all Arbor parents and guardians must screen their students for the symptoms of COVID-19 listed below; staff and volunteers are required to self-screen; visitors to campus (including family members and guardians) must self-screen or be screened by a parent or guardian.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat

- Congestion or runny nose
- Nausea or vomiting or diarrhea

Individuals should seek emergency medical attention if symptoms become severe, including trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, or bluish lips or face. Call 911 or call ahead to your local emergency facility.

COVID-19 Testing

Getting tested for SARS-CoV-2 as soon as possible is recommended for students, staff, and volunteers exhibiting COVID-19 symptoms. This [link](#) provides additional information regarding testing.

If any student, staff member, or volunteer receives a positive SARS-CoV-2 (COVID-19) diagnosis, please notify The Arbor immediately.

For students, please email attendance@thearborlearningcommunity.com or call (714) 340-3433.

For staff, please text Esther and Deanna.

For volunteers, please email Deanna at deanna.sabri@thearborlearningcommunity.com.

Isolation in Cases of Positive COVID-19 Diagnosis

Arbor students, staff, and volunteers who test positive for COVID-19 **and never develop symptoms** should:

- **Stay home for at least 5 days (counting the first day of positive test as day 0)**
- May end isolation after day 5 if symptoms have not developed
- Must continue to wear a well-fitting mask around others for 5 additional days (day 6 through day 10) after the end of their 5-day isolation period. If they are unable to wear a mask when around others, they should continue to isolate themselves for 10 days

Arbor students, staff, and volunteers who test positive for COVID-19 **and have or had symptoms** should:

- **Stay home for at least 5 days (counting the first day of symptoms as day 0)**
- May end isolation after day 5 if symptoms are resolving AND
- A diagnostic specimen (antigen preferred) collected on day 5 or later tests negative
- If unable to test or choosing not to test, and symptoms are resolving, isolation can end after day 10
- If fever is present, isolation should be continued until fever resolves
- If symptoms, other than fever are not resolving, continue to isolate until symptoms are resolving or until after day 10

- Must continue to wear a well-fitting mask around others for 5 additional days (day 6 through day 10) after the end of their 5-day isolation period. If they are unable to wear a mask when around others, they should continue to isolate themselves for 10 days. Must continue to wear a well-fitting mask around others for 5 additional days (day 6 through day 10) after the end of their 5-day isolation period. If they are unable to wear a mask when around others, they should continue to isolate themselves for 10 days.

Should home isolation be necessary, students who are feeling well are encouraged to keep up with their class via content posted on Canvas.

Becoming Symptomatic While at The Arbor

If symptoms develop while at The Arbor or if a student is not feeling well, Arbor staff will call the student's guardian or emergency contact to pick them up. Students will be isolated while waiting to be picked up. If a staff member or volunteer is not feeling well, they will be sent home.

Notification

The Arbor will email families of students who spent more than a cumulative total of 15 minutes (within a 24-hour time period) indoors in a classroom with someone diagnosed with COVID-19 during their period of infectiousness. Notification will be provided to all individuals considered exposed. Being exposed to someone with COVID-19 does not necessarily mean that your child will become infected, but does require families to follow the guidelines in Modified Quarantine for Asymptomatic Students Who Were Exposed to a COVID-19 Diagnosed Individual While at The Arbor.

Standard Quarantine for Students, Staff, and Volunteers Who Were Exposed to a COVID-19 Diagnosed Individual

Asymptomatic Arbor students, staff and volunteers who have been determined to be exposed to an individual diagnosed with COVID-19:

- Are not required to quarantine, but should closely monitor for symptoms for 10 days
- Are required to get tested 3-5 days after last exposure (counting the day of exposure as day 0), unless they had COVID-19 within the last 90 days
- The individual must wear a well-fitting mask around others for 10 days from exposure (counting the day of exposure as day 0), especially in indoor settings
- If symptoms develop or individual tests positive for COVID-19, see Isolation in Cases of Positive COVID-19 Diagnosis Guidance above

Communication Plan

The Arbor will notify the OC Health Care Agency and charters for whom we are a vendor of any COVID-19 cases on campus, as required.

Updated August 2, 2022, and subject to future local, state, and federal guidance

Primary Resource for Developing this Document

[K-12-Guidance-2022-23-School-Year \(ca.gov\)](#) (6/30/22)

[Guidance on Isolation and Quarantine for COVID-19 \(ca.gov\)](#) (6/9/22)

[Symptoms of COVID-19 | CDC](#) (3/22/22)